



## SCORPIONS BEACH COMPETITIVE DUO & DEVELOPMENTAL VOLLEYBALL PROGRAMS PROTOCOLS FOR STAGE 3 TRAIN/PLAY

The following applies to all coaches, parents, athletes involved in the Scorpions Volleyball Club summer competitive duos and developmental beach volleyball programs.

Anyone with respiratory symptoms may NOT enter the facility or train and should stay home and isolate. Athletes/coaches/staff/volunteers MUST sign an undertaking to abide by this rule. (The Health Evaluation Standard

Anyone with symptoms or fever ( >38 Deg C) should NOT enter the training environment. They need to stay away from the club and contact the medical lead and coach in advance.

Anyone with a history of "COVID-19 like" illness or close/sustained contact with someone with similar symptoms should not enter the training environment for at least 14 days after the last contact or 10 days post symptom resolution AND after medical clearance

### **Health Evaluation Questionnaireis Completed Online BEFORE EACH session for ALL Athletes**

Health Evaluation Questionnaire for Competitive Duos link - <https://form.jotform.com/201733945255962>

Health Evaluation Questionnaire for Development Program Athletes link - <https://form.jotform.com/202063451448955>

Waiver must be completed and handed in before the first night. [Link](#)

Competitive Duos Sessions are not more than 90 minutes in length

Developmental Program Session are not more than 70 minutes in length

Up to 4 players per half court on a 8'x16' sand court is allowed for our competitive duos program

Up to 6 players per half court (we will use 4 per half ) on a 9 x18 sand court is allowed for our development program.

All people must stay beyond the 10m area around the court.

Parents/families outside the perimeter at our outdoor courts location should ensure they are minimum 2m apart when entering/ exiting/ viewing and are away from the playing area.

Parents and athletes should immediately leave the park after the session is over after their son/daughter has sanitized/washed their hands.

Athletes should wash/sanitize hands upon entry and exit from the training area.

Athletes should immediately leave the park after the session.

All athletes and coaches must carry disinfectant wipes, hand sanitizer and/or pump soap in their equipment bags.

All athletes must have closed containers (e.g. Ziploc bags) to allow for the safer disposal or storing of all hygienic materials.

All athletes must keep their water bottles away from other athletes.

No hand slapping, high fiving or other practice that does not adhere to physical distancing requirements.

Coaches must ensure that Warm-Up/Cool down are done with physical distancing of 2m is in place.

Coaches are required to take attendance at each session.

Coaches must sanitize their hands before and after training sessions.

Strongly recommended that coaches wear a mask at training sessions and that their instruction is given from outside the boundaries of the court. Physical distancing between coaches and athletes shall be required.

Coaches must disinfect the balls between sessions. Towels used must be kept in a separate bag.

The Club has developed an Emergency Plan to deal with an emergency situation related to covid 19. . Please see the Scorpions Emergency Plan for Covid 19 for details. [LINK](#)

## **Communication Plan**

The Lead Contact for these Protocols will be responsible for ensuring:  
ensuring the public health unit has been made of a member who has tested positive.

- The plan is kept current and the board approves any changes to the plan
- The approved plan is sent to all parents, coaches and board members involved in the summer beach program.
- Acting on any non compliance to the program protocols to ensure compliance with it

These Protocols are one part of Stage 3 Train/Play for outdoor volleyball. The other is our Scorpions Emergency Plan for a COVID-19 Situation. Updates will be distributed to all parents whose child is in our summer program by email through our newsletter. The Protocols/Emergency Plan will be posted on the ABOUT PAGE of our Scorpions Beach & Indoor Website . There will also be a news post on our beach website announcing them and on social media.

## **Discipline for Non Compliance**

Any parents/players who are in non compliance of these protocols may be subject to suspension or removal from the program.